

*Faculty and Staff Assistance Program,  
Department of Human Resources presents,*

*Dreams: What are they Telling You?  
With,  
Catherine Kopac*

Dr. Kopac is an associate professor within the School of Nursing and Health Studies where she teaches primarily at the graduate level. In Spring of 2003 she completed a two-year postdoctoral fellowship in primary care research at the Center for Clinical Bioethics at Georgetown. Her interest in “dream work” began while she was a DMin student at Wisdom University where she studied with Jeremy Taylor, an internationally known Jungian analyst who has focused on the use of dreams as a therapeutic modality.

**“This brief presentation will cover the usefulness of exploring dreams and the potential for working in dream groups. Dream journaling, basic rules for facilitating dream groups and outlines for dream reflection will be presented.”**

This event is free and requires no reservations. For more information, contact Sandy 7-2409 or Nicole 7-1771. All GU Faculty, Staff and Students are welcome. This event is **not** open to the public.

DATE: 12pm – 1pm: Thursday, July 05, 2007

LOCATION: McCarthy Hall (McShain Lounge)

MAP: <http://explore.georgetown.edu/locations/index.cfm?Action=View&LocationID=79>  
(Beside the Donovan Dining Hall)

*Wellness Presentation 2007  
Faculty & Staff Assistance Program, Department  
of Human Resources*