

*Massage*



*Therapy*



*Faculty and Staff Assistance Program, Department of Human Resources invites you to join,*

## *Kimberly Coleman*

*She is the massage coordinator at Georgetown Law Sport & Fitness, where she is involved in sales, marketing, program development, strategic planning, hiring, scheduling and training. Topics she will cover:*

- History of massage*
- How massage can work for you*
- What type of massage is right for you*
- Aromatherapy*
- Self massage techniques/relaxation techniques you can do at home*

*This event is free and requires no reservations. For more information, contact Sandy 7-2409 or Nicole 7-1771. All GU Faculty, Staff and Students are welcome. This event is not open to the public.*

*DATE: 12pm - 1pm: Thursday, June 7, 2007*

*LOCATION: McShain Lounge (McCarthy Hall)*

*Across from the Donovan Dining Hall*

*MAP: <http://explore.georgetown.edu/locations/index.cfm?Action=View&LocationID=79>*

*Wellness Presentation 2007*

*Faculty & Staff Assistance Program - Department of Human Resources*