

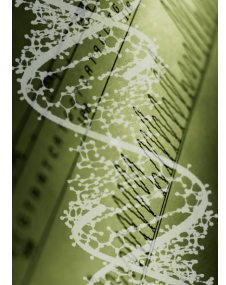
## Spring 2009 Prenatal Education Series

Sponsored by the Georgetown University Department of Human Resources, Faculty and Staff Assistance Program

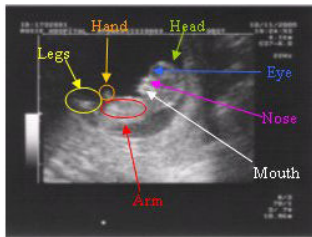
This prenatal series is open to all Georgetown University faculty and staff and is designed for those who are pregnant or are thinking about becoming pregnant. Partners are welcome.



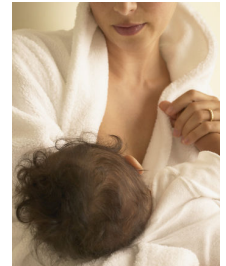
Date: Wed, March 4, 2009  
Title: What Should I Know Before Becoming Pregnant?  
Speaker: Helain Landy, MD Chair, Dept of Ob/Gyn, Georgetown University Hospital



Date: Wed, March 11, 2009  
Title: What Should I Know about Genetics and Pregnancy Screening?  
Speaker: Laura Krass, MGC, Genetic Counselor, Georgetown University Hospital



Date: Wed, March 18, 2009  
Title: What Happens to Me During Pregnancy and Delivery?  
Speaker: Emily Barton, RNP, Nurse Practitioner and former labor & delivery nurse, Georgetown University



Date: Wed, March 25, 2009  
Title: How Can I Feel My Best and Manage Stress During Pregnancy and Postpartum?  
Speaker: Aimee Danielson, Ph.D. and Barbara Byers, MD, Dept of Psychiatry, Women's Mental Health Program Georgetown University Hospital



Date: Wed, April 1, 2009  
Title: What Do I Need to Know About Feeding My Baby?  
Speaker: Carol Ryan, MSN, RN, Director, Parenting Services, Prenatal Education & Lactation Services, Georgetown University Hospital



Date: Wed, April 8, 2009  
Title: What Are My Benefits?  
Speaker: Amanda Harris, Office of Faculty and staff Benefits

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All interested faculty and staff members are invited to attend one or more of these informative sessions. Light fare will be served. Programs are on Wednesdays from 5:30-6:30 p.m. in St. Mary's Hall, room 204.

Registration is required. To register, contact Jennifer Shen (202) 687-1771, [jls263@georgetown.edu](mailto:jls263@georgetown.edu). Please note if you will be bringing a partner.

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<http://www3.georgetown.edu/hr/fsap/index.html>