

# Wellness Programs 2008



*"Each of us has the potential of being given a gift by the divine, which results in the body and soul becoming unified ... a great many people will experience the blessings of the divine ... Through it, the human being will first be made healthy, and then peace of mind and joy in life will be increased."*

--- Dr Mikao Usui

## "Connecting with Ourselves: A Reiki Introduction" with David Gleekel

David Gleekel, MBA, Certified Reiki Master/Teacher, is the Director of the Reiki Center of Greater Washington in Gaithersburg, MD. He has been in private practice since 1998. He created his center to be a place for healing the Greater Washington, DC metro area, as a community for people wanting to include Reiki in their daily lives. The center offers Reiki healing sessions, classes and healing events or retreats around the United States.

Reiki training is usually conducted from teacher to student, rather than at a school or institute. Mr. Gleekel has studied with a variety of nationally-known and published Reiki teachers including Laurelle Gaia, author of "The Book on Karuna Reiki," Diane Ruth Shewmaker, author of "All Love, a manual on Sekhem-Seichim-Reiki," Amy Rowland, author of "Traditional Reiki for our Times" and "Intuitive Reiki for Our Times," and Mari Hall, author of "Practical Reiki" and 10 other books in the area of Reiki and healing.

**When: 12-1PM: Thursday, March 27, 2008**  
**Where: McShain Large (McCarthy Hall)**

The presentation is free and requires no reservation. All GU Faculty, Staff and Students are welcome. If you have any other questions or concerns, please contact Sandy 7-2409 or send an email to [sw287@georgetown.edu](mailto:sw287@georgetown.edu).

Wellness Programs 2008  
Faculty and Staff Assistance Program, Department of Human Resources