

SUPPORT RESOURCES

Academic Support Services:

- **Learning Services**

1 Darnall Hall.....687-6985

Open 9 am - 5 pm, M-F.

- *Counseling and study skills and ways to manage learning difficulties. Confidential testing or testing referrals for foreign language and other learning disability related problems.*

- **School of Foreign Service Economics Tutoring Program**

Contact Mitch Kaneda, Assoc. Dean, SFS.....687-5696

- **The Writing Center**

217A Lauinger Library.....687-4246

HOURS:

Monday: 11 a.m. - 8 p.m.

Tuesday: 11 a.m. - 7 p.m.

Wednesday: 11 a.m. - 8 p.m.

Thursday: 11 a.m. - 4 p.m.

Sunday: 5 p.m. - 8 p.m.

UNDERGRADUATE PEER TUTORS OFFER:

- *Help with developing a topic*
- *Assistance organizing a paper*
- *Work on specific writing problems (poor punctuation, faulty sentence structure)*
- *Suggestions for revision*
- *Development of critical reading leading to perceptive writing*

Student Health Services:

- **Center for Health Enhancement**

Yates Field House687-8949

- *Nutrition information*

- *Developing personal exercise programs*
- *Weight loss/weight gain*
- *Healthy lifestyle instruction*
- *Smoking cessation*
- *Health information and printed resources*
- *Seated massage (for a fee; call 687-2400 for an appointment)*

- **Center for Personal Development**

Village C West 207687-8944

- *The Center for Personal Development provides counseling and education related to alcohol and other drug use, adult children of alcoholics, personal coping*
- *strategies, anger management, and stress management and relaxation.*

- **Counseling and Psychiatric Services (CAPS)**

1 Darnall Hall687-6985

Open M-F, 9am-5pm

- *CAPS provides general counseling and psychotherapy in an effort to assist students in overcoming difficulties which interfere with the attainment of their personal and educational goals. Sometimes your mental health can directly affect your physical health. Counseling can be of assistance.*

- *Dial D-O-C-T-O-R-S1-800-362-8677*

Free physician referral service for the Washington area.

- **G.U. Hospital Emergency Room**

Ground floor C.C.C., G.U. Hospital. 24 hours784-2118

Note: Many insurance policies do not cover the cost of non-emergency treatment in an emergency room. If you are unsure if a situation is an emergency, page the Student Primary Care physician on call at 687-PAGE.

- **Health Education Services**

<http://www.georgetown.edu/student-affairs/healthed>

Village C West 207687-8949

- *Stress management*
- *Eating disorders counseling*
- *Locating a physician in a specialty area*
- *Consultations, information, and referrals about reproductive health and sexually transmitted infections*

- **Pregnancy Services**

Village C West 207687-5254

24-hour emergency pager (for students only): 202-668-8588

- *Pregnancy Services assists students with the many needs unique to pregnancy. The office provides comprehensive services for pregnant students, including free home pregnancy test kits, counseling, and referrals.*

- **Sexual Assault and Relationship Violence Services**

Village C West 207687-1172

24-hour emergency pager (for students only): 202-668-3583

- *Sexual Assault and Relationship Violence Services provides support, information, assistance, and referrals for students affected by violence. The office provides a*
- *comprehensive response to reports of sexual assault, relationship violence, and stalking as well as information related to sexual assault, sexual harassment, dating violence, stalking, and adult survivors of child sexual abuse.*

- **Student Primary Care Clinic**

Ground floor Darnall Hall687-4500

- Open: Mon 8:30 a.m. - 4:30 p.m.
- Tue 8:30 a.m. - 6:00 p.m.
- Wed 9:30 a.m. - 4:30 p.m.
- Thu 8:30 a.m. - 6:00 p.m.
- Fri 8:30 a.m. - 4:30 p.m.
- Sat 9:00 a.m. - 12:00 p.m.

Hours vary during breaks and holidays. For emergency care when SPCC is closed: G.U. Hospital Emergency Room.

- **Yates Field House**

7am-12 midnight daily during the academic year687-2400

- *For recreation, conditioning, relaxation and stress management. A wide variety of opportunities exist to develop a lifetime sport through self-paced unstructured*
- *individual exercise, intramural competition or instructional classes. Yates offers aerobics classes, tennis, basketball, racquetball and squash courts, exercycles,*
- *swimming, yoga and much more. Consult the Leisure and Recreation Education section in the Schedule of Classes as well as the Group Exercise Schedule at Yates for information on classes.*

Personal Development Services

- **Campus Ministry**

www.georgetown.edu/spirit/campmin

113 Healy Hall.....687-4300

- *In the Jesuit tradition of “care for the whole person,” Georgetown’s campus ministers continue a centuries-old practice of providing pastoral care for students. As the nation’s oldest Catholic University, Georgetown not only ministers to Catholics but also to students of other faiths. Campus Ministry’s primary mandate is to help students deepen their faith through worship, reflection, and service.*

- **Center for Minority Educational Affairs**

5 Leavey Center687-4054

<http://www.georgetown.edu/centers/cmsa>

- *CMEA promotes educational excellence and racial equality at Georgetown University by serving the interests of African American, Latino, Asian Pacific American and Native American students.*

- **Center for Personal Development**

Village C West 207687-8944

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- *strategies, anger management, and stress management and relaxation.*

- **The Georgetown University Bereavement Support Group**

Contact Anne Ridder, Asst. Dean, SSCE.....687-5706

- *Offers support to students, faculty, and staff who are coping with the loss of loved ones.*

- **Peer Education Programs**

Village C West 207687-8949

- *Georgetown Peer Educators provide fellow students with important information about depression and suicide, alcohol and other drugs, nutrition and eating disorders, and sexual assault. Presentations in the residence halls inform students about the challenges and dangers of college life.*

- **Safe Zone Program**

<http://safezone.georgetown.edu/index.html>

The Safe Zone program was created in 1998 to assist gay, lesbian, bisexual, and transgendered (GLBT) students in identifying allies in the Georgetown University community who can provide resources, referrals, and support on a wide variety of issues.

Student Safety Resources

- **Emergency Preparedness**

<http://preparedness.georgetown.edu>

- *This website is intended to provide the Georgetown community with the most up-to-date information and resources for use in the event of urgent situations or emergencies.*

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- **Safety and Security**

116 Village C.....687-4343

- *Georgetown University's Department of Public Safety is in operation twenty-four hours a day, seven days a week. The staff endeavors to ensure safety and to protect life and property at the University.*

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Additional Resources

- **Housing Services/Residence Life**

530 Leavey Center.....687-4056

- *Students in the freshman and sophomore classes are required to live on campus unless their home is within commuting distance of the University. The Housing Office will provide students with a handbook that describes the residence halls.*

- **International Student Services/Visas**

Office of International Programs, Poulton Hall, 2nd Floor.....687-5867

- *A division the Office of International Programs (OIP), International Student and Scholar Services provides a variety of support services to international students, including immigration advising, personal counseling, and cultural and educational programming.*